
ABSTRACT

Mothers' conflicts surrounding the duration of untreated psychosis (DUP) as seen from their narratives and provision of support

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In the field of psychiatry, there is a growing focus on reducing the duration of untreated psychosis (DUP), with early treatment and intervention recommended. In this study, I performed semi-structured interviews with six mothers whose adolescent children were able to receive psychiatric care and maintain stable therapeutic relationships. The objectives were to identify their complicated thoughts as parents through their narratives concerning their children receiving psychiatric treatment, and to find strategies to make it easier for individuals with concerns about schizophrenia to seek help. As a result, in addition to their initial resistance to psychiatric treatment and medication, the mothers narrated their feelings of remorse and indebtedness that had led to their current understanding of the importance of early intervention. They also narrated their loss as well as their chronic sorrow and grief. I therefore concluded that providing support to parents would lead to better support for their children, and discussed the importance of cultivating the support team's clinical views and the stance of offering consistent support from a comprehensive perspective.

Key Words: duration of untreated psychosis (DUP), mothers' narratives, loss, sorrow and grief, early intervention
