
ABSTRACT

Interview-based research on counselors' understanding of and response to students displaying avolition towards counseling

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To elucidate effective support for students displaying avolition toward counseling, we conducted interviews with 11 counselors working at a student counseling organization and analyzed the results using an approach based on modified grounded theory. Our analysis found that students with avolition cannot effectively participate in counseling as they possess evasive attributes, including lacking motivation for counseling and failing to speak spontaneously. To ensure that these students remain invested in the counseling process, counselors proactively encouraged them to attend counseling and discussed non-confrontational topics. Counselors subsequently developed the relationship to avoid triggering any aversion which would result in the student's withdrawal while gradually restoring the student's role in the counseling sessions. This study suggests that such an incremental approach may effectively encourage students to develop an accepting attitude towards counseling.

Key Words: students displaying avolition towards counseling, counselors' understanding and response, interview-based research
