
ABSTRACT

The significance of paying attention to kindergarten teachers' thoughts and beliefs in kindergarten counseling

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In consultations, a kindergarten counselor not only discusses assessments and ways to help children but also includes the perspectives of the teachers' development and psychotherapy. This case study examined a series of consultations with a kindergarten teacher who was conflicted with their own thoughts and beliefs. This study aimed to examine how a kindergarten counselor treats a kindergarten teacher's thoughts and beliefs, and the changes that occur in the teacher following the consultations. In the discussion of the case, it was suggested that it is important to assess the thoughts and beliefs that underpin a conflict and incorporate these thoughts into childcare practices to resolve issues. In addition, this study found that the psychological changes that occur because of dealing with the beliefs of kindergarten teachers are not limited to changes in how they perceive problems but are fundamental changes affecting their entire approach to teaching.

Key Words: kindergarten counseling, kindergarten teacher's thoughts and beliefs, consultation, case study, conflict
