ABSTRACT

Study of interrelationships focusing on gaps in understanding between two people

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The present study sought to determine the interrelationships between individuals in clinical psychology. Although we cannot understand others perfectly, it is important to give attention to gaps in understanding and differences between individuals. The purpose of this paper is to examine how the impression of others changed, how to understand others, and what caused changes when gaps in understanding and differences between people are addressed. I assigned an examiner and examinees a task using a play sandbox and had them work on the same task. Results showed that the more they worked on the task, the more examinees gained a favorable impression of the examiner and began to see what they had not previously observed. This study suggested that the gap between individuals was useful in not only promoting an improved understanding of others but also of themselves.

Key Words: interrelationships, gap between two people, understanding of others, self-understanding, play sandbox