
ABSTRACT

Developing a Japanese version of the Children's Anger Rumination Scale

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The present study aimed to develop a Japanese version of the Children's Anger Rumination Scale (Smith et al., 2016). The responses of 647 junior high school students (319 boys and 328 girls) were used in the confirmatory factor analysis. Results showed good fit indices with a four-factor structure with the same categories as the original scale ("Understanding of Causes," "Angry Memories," "Anger Afterthoughts," and "Thoughts of Revenge"). The reliability of the scale was supported by good internal consistency (ω coefficient range = .81—.91) and test-retest reliability ($r = .68$ —.78) for the subscales. The construct validity of the scale was supported by cross-instrument correlations with anger, aggressive behaviors, depression, emotional symptoms, and life satisfaction for the subscales.

Key Words: junior high school students, anger, rumination
