
ABSTRACT

The process of integration and accumulation of experience: Focusing on infantile body image and the subject

HARADA, Munetada

Showa Counseling Room for Children

This study focused on the subject and body image and investigated the process of integration and accumulation of experience from play therapy of a 4-year-old boy. It was considered that the weakness of the subject, "I," could be related to the difficulty of integrating and accumulating experience. In addition, the weakness of the subject may have been related to an unintegrated unconscious body image. It was suggested that as body image is developed by connection to the body and experiences through words, the certainty of the subject is confirmed, and vital experiences unite and accumulate, which are connected to affect and body. As the subject is strengthened, the experiences are easily integrated and accumulated, but the subject is also strengthened by confirming the uniqueness and certainty of the experience by verbalizing the experience. Finally, future studies are necessary to explore body image and examine the relationship between experience and factors other than the subject and body image.

Key Words: experience (Erlebnis), subject, unconscious image of the body, theory of the mirror stage
