
ABSTRACT

Revision of the scale of the impacts of bullying for adolescents and adults and the impacts of bullying from various perspectives

KATORI, Sanae

Yokohama City Board of Education Secretariat Human Rights Education and Children and Student Affairs Division

ISHIKUMA, Toshinori

Graduate School of Department of Psychology, Tokyo Seitoku University

We revised the scale of the impacts of bullying to target adolescents and adults. Based on a factor analysis of 452 people aged 18 to 60 years old, this scale consists of 39 items in six factors: emotional maladjustment, conformity tendency, toughness of mind, respect for others, assertiveness, and positive career choice. This scale showed significant correlation with the IES-R and the PTGI-X-J and their validity was supported from both sides of PTSD and PTG. Victims had the highest scores on all subscales. Those who have experienced both being victims and bullies were similarly affected by bullying as victims, but their scores were only low in emotional maladjustment. The bullies' scores had the most gender differences. The mediators' scores differed in the impacts of bullying depending on whether the bullying was resolved or whether they regretted mediation. For women, emotional maladjustment tends to decrease with aging, and for men, the impacts of bullying continue with little change. More than ten percent of bullying experiences led to positive career choices.

Key Words: bullying, PTSD, PTG, gender differences, mediators
