
ABSTRACT

Possibilities of utilizing psychological test feedback sessions for patients with alcohol use disorders

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The main purpose of this research was to examine the possibilities of utilizing qualitative analysis of psychological testing feedback sessions as a treatment for patients with alcohol use disorders. A psychological test feedback session using the Tokyo University Egogram (TEG) II was conducted with 11 patients with alcohol use disorders. The verbatim records were then analyzed using the modified grounded theory approach (M-GTA) and revealed the experiential process of the feedback sessions. As a result, 13 concepts, three subcategories, and three categories were found. The experiential process of the psychological testing feedback sessions explored the patients' past problems and acquired points of self-growth by incorporating the feedback session subjectively. In conclusion, it was found that the inspector's efforts involving questioning the reasons/grounds, receptive acceptance, and the ideal self-image are important for promoting the experiential process and enhancing therapeutic effects.

Key Words: alcohol use disorder, psychological test, feedback session, modified grounded theory approach (M-GTA)
