
ABSTRACT

Integrated play therapy approach for a child with auditory processing disorders

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This study reports the case of a girl with a history of auditory processing disorders and at high risk for developmental disabilities. She presented with various psychosocial maladaptive problems and secondary psychosomatic symptoms. This study examined the effects of an integrative play therapy process, based on deep play therapy, with environmental adjustment support and adaptation techniques as a foundation. In deep play therapy, the themes of “parents’ absence” and “rebirth” were extracted and suggested that her hearing problems severely affected the patient’s quality of life and interpersonal relationships. Additionally, environmental adjustments created a favorable environment for her ear, and adaptation techniques enabled her to control her impulses. In integrated play therapy, play and various techniques were combined to promote independence and help improve her relationships with others. Furthermore, psychosocial problems and psychosomatic symptoms such as impulsivity and truancy tendency were improved. Additionally, language ability was greatly improved, suggesting that this approach was effective. Thus, the impact of hearing problems on the mind is significant and psychological support for children with hearing problems should be encouraged.

Key Words: auditory processing disorders, integrated play therapy, interpersonal relationships, impulse control, independence
