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## ABSTRACT

The case of a middle-aged woman whose involvement-type obsessive-compulsive symptoms disappeared: The process from treatment refusal to recovery

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This paper describes the course of psychological interviews with a woman (in her 30s), who forced her children to help with the obsessive-compulsive behaviors (involvement-type), and was reported to the authorities several times for child abuse. For the past several years, she stopped going to the hospital in addition to refusing treatment or medication. The therapist was overwhelmed with the amount of information to be considered in addition to the woman's involvement-type obsessive-compulsive behaviors. The issues included conflicts with her mother, a child's developmental disorders, and contemplation of divorce from her husband. Her treatment ended after her symptoms disappeared after 33 sessions that lasted two years. This paper uses the perspectives of an interview structure, motivational interviewing, and the therapist's involvement based on the hoarding theory to investigate how a woman who was unwilling to receive treatment ultimately resolved them. The process by which the woman's symptoms disappeared was thought to have progressed with her mental and economic independence from her husband and determination to raise her children by herself.

**Key Words:** obsessive-compulsive disorder, involvement-type, motivational interviewing, hoarding, divorce and independence

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