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## ABSTRACT

A phenomenological analysis of the narratives of a mother who has experienced an artificial abortion

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The experiences of a mother who had an artificial abortion (artificial stillbirth) was analyzed using a phenomenological method. The details of her narrative were examined, and the way she experienced an artificial stillbirth was clarified. It also captured the structure of the experience. The analysis of narratives revealed that the mother had both subjective and objective viewpoints and had the potential to self-recover. It became clear that her recovery improved when changes to her outer and inner perspectives were made. When the recognition of the baby by the mother transformed from a negative experience to a positive one and an identity was formed for the unborn child, the relationship between mother and child solidified, which helped the mother heal emotionally. By experiencing her own feelings and “meeting” her baby, the mother was able to open herself to the outside and connect with the world again.

**Key Words:** abortion, induced stillbirth, narrative, phenomenology

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