
ABSTRACT

College student-counseling service providing support for a student leaving school in coordination with a multifaceted support network including social welfare: A case study

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This case study demonstrates an example in which a student counselor provided continuous psychological and social support to a college student who was leaving school due to mental health reasons and financial issues; the counselor helped prevent suicide and prepared the student to support himself. The purpose of this study is to examine the significance and aspects of student-counselor relationships, especially regarding coordination with stakeholders in connecting the student to society after leaving school. At the onset of counseling, the student felt supported but he began escaping his reality and attempted suicide when financial hardship overwhelmed him. The support strategy shifted from the original counseling for psychological growth to helping him prepare the means and environment to live on his own, and eventually to coordinating connections between him and support systems outside the college, including social welfare to maintain his well-being. This case suggests that such a support system involving stakeholders inside and outside the school (safety net) can be applied to future cases to supplement the limited support that a student counselor can provide.

Key Words: student counseling, poverty, school dropout, psychological support, coordination with social welfare
