
ABSTRACT

Living the myth of Sisyphus as seen in cases of truancy

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What sort of myth do teenagers who are truants or are socially withdrawn live in? I hypothesize that they live in the myth of Sisyphus based on real cases of high school truancy. Truants feel that tasks are just like Sisyphus' punishment. Therefore, regardless of how simple a task is, truants are always in a state of apathy. The results of examining this hypothesis demonstrate that truants felt frustrated and agonized from the Sisyphian situation of repeating a meaningless task. They are perfectionists who never give up and do not see any value in constantly repeating a task. I have concluded that certain conditions and support from a psychotherapist are essential to change this feeling. Clients need to consciously self-analyze and take responsibility of their own fate. Additionally, psychotherapists should build a friendly rapport with such clients and connect with them through love and trust. The psychotherapist can then assign a task tailored to the client's own myth, which the client will need to engage with seriously.

Key Words: the myth of Sisyphus, living the myth, truancy, condition of transformation
