
ABSTRACT

Producing knowledge, clinical applications, and public dissemination of psychological research by clinical psychologists

ARAI, Masaru
Atomi University

The clinical psychologists in Japan have devoted themselves to developing knowledge and skills related to their clinical practice. However, it is also important for clinical psychologists to improve their commitment to psychological research, as well as promote clinical practices and social activities by utilizing research findings. Psychological studies conducted by clinical psychologists in Japan and internationally, their research-based professional activities, as well as their education and training, were reviewed. Results indicated that the following activities are required of professional clinical psychologists: (1) Producing important research findings on psychology based on a positive attitude to research, (2) An open attitude regarding different psychological studies and promotion of evidence-based practices in psychology, and (3) Activities for public dissemination of psychological knowledge and research findings. Moreover, the need for developing educational and training programs to promote positive research attitudes, evidence-based practices, and disseminating psychological knowledge and research findings, was indicated. In conclusion, there is a need for future studies on research-based professional activities conducted by clinical psychologists in Japan.

Key Words: clinical psychologist, scientist-practitioner model, research, evidence-based practice in psychology, psychological knowledge dissemination
