
ABSTRACT

Time-limited therapy at a child guidance center for a teenager in child protection

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In this paper, the author discusses a case involving a female junior high school client with behavioral issues in child protection. The paper examines four important steps in practice, such as laying the foundation for psychotherapy by motivational management and focusing on behavioral issues after positive reinforcement of good behavior of the student. In this case, the crisis intervention consisted of establishing a collaborative relationship with the client, engaging in dialogue, and understanding the client's opinions. In the early stage of the process, the client rejected visits by the caseworker. However, once time-limited therapy was introduced, positive changes were observed in both the client and the child protection agency staff. As a result, behavioral issues did not recur, deviant acts decreased, and improvements to daily life were observed. The result of our study clearly shows the importance of four important steps and collaboration between the child guidance center and child protection to improve behavior, encourage clients to seek help, and help clients to verbalize their issues.

Key Words: child guidance center, child protection, crisis intervention, behavioral issues
