
ABSTRACT

A case study on the process and methods of psychological support for kindergarten teachers in kindergarten counseling

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Consultation with kindergarten teachers is one of the main tasks in kindergarten counseling, but the concrete methods of consultation and psychological support for kindergarten teachers are not clearly defined. This case study examined the process and methods of supporting kindergarten teachers in kindergarten counseling. Consultation was conducted with a kindergarten teacher for a year. In the case, the teacher worried about the difficulty of teaching a kindergartner with hyperactive tendency. Consultation helped her understand him, and she taught in a live way. This case study suggests a three step process of support for kindergarten teachers, “holding together”, “making psychological diagnosis and discussing” and “keeping on watching”. In conclusion, respect for specialty of care and education, developing relationship and drawing out the power of kindergarten teachers is important in psychological support with a kindergarten counselor.

Key Words: kindergarten counseling, psychological support for kindergarten teacher, consultation, case study
