
ABSTRACT

An attempt to develop a “new-type depression”-related vulnerability scale: Preliminary study on management employees

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The aim of this preliminary study was to develop “new-type depression”-related vulnerability scale. Ninety-eight management employees working for a Japanese company responded to 18 questions, visualizing someone the respondent thought most vulnerable and easily damaged in the workplace. The results of factor analysis showed a two-factor solution (“extrapunitive anxiety” and “hypersensitivity to evaluation”), with a high degree of internal consistency ($\alpha=.79$ and $\alpha=.73$ respectively). The results show that vulnerability is relevant to “new-type depression”. It also indicated that employees who are extrapunitive and anxious protect their pride and vulnerable heart by assuming a critical attitude toward others. The findings also indicate that employees who are sensitive to evaluation and make negative interpretations of others’ behavior and feel depressed easily by trivial things tend to develop depression only at the workplace which can lead to “new-type depression” even if they are usually very diligent.

Key Words: new-type depression, vulnerability, extrapunitive, management employees
