
ABSTRACT

Psychological assessment in bipolar II disorder: An analysis by comparing the individual pathological features detected by the Rorschach technique and the TAT

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We found that the bipolar II disorder (BP II) showed a discrepancy between the individual pathological features detected by the projective method (Rorschach technique and TAT), so that Tsuchiya (2012) designated it as “discrepant phenomenon in the BP II pathologies”. After we confirm that this phenomenon will not arise from bipolar I disorder (BP I) and depression, here we sought to explore how and why this phenomenon is induced. Twelve participants (BP II = 6, BP I = 3, Depression = 3) completed the Rorschach technique and the TAT. We examined in detail the association between the Rorschach technique and the TAT. In conclusion, the following two points emerged. (1) “Discrepant phenomenon” arose only from BP II. We could identify the BP II as an isolated entity. (2) The underlying psychological mechanism of this phenomenon was connected with the hypomanic state of BP II.

Key Words: bipolar II disorder, Rorschach technique, TAT
