
ABSTRACT

The significance of the 'frame', in the Baum test using a two trial method

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In this study, we conducted the Baum test with psychiatric clients using a two trial method of tests with and without frames. Then, we analyzed the significance of the frame as reflected in the forms' change in quality. Of clients whose test had a frame, 94% showed a change in quality; 70% of these were a change in the overall form of the tree. Furthermore, 40% of these changes clearly and simultaneously indicated adaptive, but disproportionate features. Baum tests with frames have different inner meanings depending on the individual, but changes that promote maturity are common. These changes are due to the presence of the frame, which applies the opposing effects of pressure and protection to the self and gives birth to a dynamic relationship between the frame and the self. Frames also promote the function of the ego in relation to the outside world, starting a process of psychological changes towards a better self. Thus, we suggest that frames are an important element for developing treatment in clinical psychiatry.

Key Words: frame, Baum test, self, ego function
