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## ABSTRACT

An empirical examination of psychological shocks on the workforce after a coworker's suicide at the workplace:  
A case study

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There has been no empirical examination of psychological shocks on employees after a coworker's suicide at the workplace. The present case study shows the results of IES-R and CEAPS administered at 7-days and 39-days after the incident. Thirty-one employees (including one employer) were targeted for the psychological support program by clinical psychologists. Thirteen of 31 employees showed a total score of 25 or above on the IES-R the first time, and three of 29 the second time. The group with high scores on the first IES-R showed significantly higher levels of work stresses measured with the CEAPS than the group with low scores. While the employees who maintained high scores on the second IES-R showed no decrease in work stresses, other employees who showed a decrease on the IES-R showed significant decrease in work stresses. We discuss the importance of assessing this kind of intervention and some aspects of the present intervention program to be improved.

**Key Words:** suicide, postvention, workplace, IES-R, work stress

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