ABSTRACT

The process of a therapeutic approach using Role Lettering for a prisoner sentenced to life imprisonment

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The purpose of this study was to investigate the effectiveness of therapeutic support using Role Lettering for rehabilitating a prisoner sentenced to life imprisonment. In this case the prisoner didn’t have hope in prison and violated the rules of the prison many times. Since the prisoner had close rapport with the counselor, he began to exchange notes with the counselor. Facing up to his inner problems by Role Lettering, he noticed the importance of warm relationships among people. On the other hand, the prisoner had negative feelings toward his victim. By disclosing his real feelings toward him, he noticed that his crime resulted from his inner problems and began to have a feeling of guilt for him from his heart. Finally by writing to his father, he not only noticed that severe discipline by his father was related to his crime but also expressed deep affection for his father. In this case, it was suggested that prisoners sentenced to imprisonment could be rehabilitated by means of Role Lettering.

Key Words: Role Lettering, a prisoner sentenced to life imprisonment, rehabilitation